

Corner Office
 Events
 Flyers This Week
 Frugal Fridays
 Map Directory
 e-Edition

"I can't say I ever go to the plate trying to hit one out. There may be times when the situation calls for it I'll try, when there's two out and nobody on OK I may take a shot," Bechard said. "But it's definitely nice to have that threat throughout the lineup. Our nine-hole hitter hit the ball out of the park Saturday in Oshawa. It's nice to have that balance through the lineup when you can hit a three-run homer every time."

Bechard looks relaxed and ready to play every day.

"I'm having more fun now than I've ever had," he said. "Some of the younger guys ask me all the time, it looks like you're having fun. I'm not playing with any pressure. . . . No one is going to sign a guy whose almost 32 years old. When you play for fun the pressure is kind of off and your brain doesn't get in the way."

ADVERTISERS

Announcements & Events
 Automotive
 Computer & Electronics
 Education
 Financial Services
 Flyers Online
 Food & Entertainment
 Health & Wellbeing
 Real Estate
 Retail Shopping
 Sports & Leisure
 Travel
 Advertiser Directory

Chanderdat says Bechard is the kind of player young players should look up to.

"Jess is driven to compete," Chanderdat said. "Even though there's no pressure, he wants to do well. The guys see Jess . . . what they don't see is Jess come down at noon on his lunch break to hit. He prepares. He works out. He eats right. He takes care of himself. He's a good example for the young kids."

Once the Majors pitching staff gets into shape, Chanderdat should have an impressive lineup. Right now, the Majors rank third last in league pitching with a 5.63 ERA with 20 strikeouts.

Joining the Majors Sunday's will be lefthander Mehdi Djebbar who had a big year last year.

GET NEWS LIKE THIS AND MORE DELIVERED TO YOUR DOOR **CLICK HERE**
 London Free Press home delivery for only 50¢ a day

Sports Headlines

- [Wings ready for takeoff](#)
- [Memories really do flood SkyDome](#)
- [London doctor in one corner, kidney disease in other](#)
- [Never too late for Norwich](#)
- [Spartans take top seed in OFSAA tourney](#)
- [Top level too much for Cowboys squad](#)
- [Star hitter Bechard inspiration to younger players](#)
- [Rise and shine, Sid](#)
- [Broad Street Rayzor?](#)
- [CBC's Cup final ratings steady](#)
- [Schenn's brother may be draft Plan B](#)
- [Coach Granato fired in shakeup](#)
- [In Yer Face](#)
- [Mine That Bird now 2-1 favourite](#)
- [Serena lets nerves take over](#)
- [Mail Bag](#)
- [Letter of the Day](#)
- [Weaver silences Toronto](#)

SPORTS NEWS

Jays rally falls short against Angels
 Depending on the viewpoint, Howie Kendrick's baserunning Thursday afternoon was either a mistake-filled act that happened to end well, or a heads-up play that won the game for the Los Angeles Angels.
[FULL STORY](#) [More at SLAM!](#)

- Family of Rockies' Torrealba safe after kidnapping
- Josh Johnson hits three-run homer, works into eighth as Marlins down Brewers
- Johnson wins 300th as Giants beats Nats
- Orlando's Nelson to play in finals



OUR SERVICES

Place an Ad
 Contact Us
 Subscribe
 Become a Carrier
 Newspapers in Education
 Your Newspaper
 General Comments
 Terms and Conditions
 Privacy Statement
 General Contest Rules

Powered by **canoe.ca**

[ON CANOE.CA](#)

[Horoscopes](#)

[Lotteries](#)

[E-Cards](#)

[Crosswords](#)

[TV Listings](#)

[Canoe Auctions](#)

[Home](#) | [News](#) | [Opinion](#) | [Today](#) | [Sports](#) | [Business](#) | [Classifieds](#)

[Place an Ad](#) | [Subscribe](#) | [Become a Carrier](#) | [Your Newspaper](#)



The image shows a rectangular box containing the Sun Media logo on the left, which includes the text "SUN MEDIA" and "A Quebecor Media Company" below it. To the right of the logo is a horizontal dropdown menu with a downward-pointing arrow on the right side. The text "Daily Newspapers" is displayed within the dropdown menu.

[Send a Letter to the Editor](#)

[CANOE home](#) | We welcome your [feedback](#).

Copyright © 2008, [Canoe Inc.](#) All rights reserved.

Proprietor and Publisher - The London Free Press,
P.O. Box 2280, 369 York Street, London Ontario Canada N6A 4G1